

**DONNAplus PREGNANCY COMPOSITION**

Ingredients	Per daily dose (1 pearl)	%VRN
DHA	400 mg	
Vitamin D	25 µg	500%
Vitamin E	11 mg	92%

Ingredients	Per daily dose) (1 hard capsule)	%VRN
Thiamin (Vitamin B1)	1,1 mg	100%
Riboflavin (Vitamin B2)	1,4 mg	100%
Niacin (Vitamin B3)	16 mg	100%
Pantothenic acid (Vitamin B5)	5 mg	83%
Vitamin B6	1,4 mg	100%
Biotin (Vitamin B8)	40 µg	80%
Folic acid (Vitamin B9)	2,5 µg	200%
B12 vitamin	2,5 µg	100%
Iron	28 mg	200%
Iodine	200 µg	133%
Zinc	10 mg	100%
Selenium	55 µg	100%
Magnesium	56,2 mg	15%

\* VRN : Valores de Referencia de Nutrientes.